Faculty Website Curriculum information

Health and Social Care

Subject Vision

Health and Social Care is a dynamic and vocational subject that opens the door to a wide range of careers in the UK's largest employment sector. Our vision is to equip students with the knowledge, understanding, and practical skills needed to thrive in this diverse and rewarding field.

The subject takes a holistic approach, exploring how physical, mental, and social well-being are supported within our communities. Through engaging lessons, wider reading, and independent research, students learn to make informed judgements, evaluate ideas, and communicate their views clearly and confidently.

You will apply your knowledge to real-life contexts, investigating the vital work of health and social care professionals who support individuals across all stages of life.

At the heart of our curriculum is a commitment to empathy and excellence — inspiring students to make a genuine difference where it matters most.

Topics/ units being studied

Year 10/ Year 11

Component 1: Human Lifespan Development

- Human growth and development across life stages
- Factors that affect growth and development
- The impact of life events on individuals
- How individuals adapt to change and cope with life events

Component 2: Health and Social Care Services and Values

- Health and social care services that meet individual needs
- Barriers individuals face when accessing services
- The skills, attributes, and values used by health and social care professionals
- Roles of professionals and organisations that provide care and support.

Component 3: Health and Wellbeing

- Different factors that can have a positive or negative impact on health and wellbeing
- Interpret health indicators
- Design a health and wellbeing improvement plan
- Justify recommendations using person-centred and holistic approaches

Key Stage 5 – this pathway is for students who are resitting their GCSE's in Year 12 and they achieve the equivalence of 2x GCSE's

Year 12

- Unit 1 Human Lifestyle Development
- Unit 2 Health and Social Care Values
- Unit 3 Effective Communication in Health and Social Care
- Unit 4 Social Influences on Health and Wellbeing
- Unit 6 The Impact of Nutrition on Health and Wellbeing
- Unit 7 Equality and Diversity in Health and Social Care
- Unit 8 Individual Rights in Health and Social care
- Unit 9 Healthy Living
- Unit 10 Human Body Systems and Care of Disorders
- Unit 11 Services in Health and Social Care
- Unit 22 Basic First Aid

Additional information about your subject

We aim to provide students with opportunities to experience real-life health and social care contexts beyond the classroom. Students are encouraged to apply their knowledge and skills by engaging with the wider school and related work experiences.

Contact information

If you have questions on the curriculum that your daughter will be studying, please contact:

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