

BIG DREAMS FOR THE FUTURE?

WE'LL HELP YOU GET THERE!

The world of work is changing fast, and the choices you make in Sixth Form can open huge opportunities for you. That's where The Early Careers Foundation (ECF) comes in! We're a UK charity on a mission to make sure talented, ambitious young people – just like you! – get access to the best possible career guidance and support, for free!

Whether you are planning for university, an apprenticeship or want to land a great first job at the end of Sixth Form, the ECF Mentoring Programme will give you the skills, confidence and experience to stand out.

OUR MENTORING PROGRAMME.

- A two year journey during Year 12 & 13 alongside your A-Levels or Level 3 studies.
- You'll select your very own professional mentor, and join virtual hour-long calls together once a month from October – July.
- Together, you'll build your own learning journey using our 'Mentoring Menu' – a range of employability topics with session plans to guide each conversation.
- Our session plans are designed with recruitment experts, so you'll be developing the real skills that employers want and getting well prepared for the future!



**1 HOUR
SESSIONS**



**ONCE A
MONTH**



**ALL
VIRTUAL**

OUR MENTORS.

Here's the best bit – our mentors all work in the biggest and most competitive companies in the UK, across almost every industry!

This is an opportunity to learn directly from people already working in careers that you might be dreaming about, expand your network and set yourself up for success. Our mentors work at all sorts of fantastic businesses, including:



"The mentoring programme has allowed me to grow into a more confident and mature person by improving my skills. This has all been due to my amazing mentor who's helped me every step of the way. We schedule our sessions around my timetable which means there's no added pressure. I've truly enjoyed this programme!"

Sara from Birmingham was mentored by a Senior Pilot @ British Airways

BRITISH AIRWAYS

"You probably are put off by the idea initially, thinking why do I need a mentor? I was thinking the exact same too. But, a mentor is more than just an adult. They're a professional friend, they tell you things no one else will, they give you breakthroughs. Seriously, they are really built different. I've found the programme amazing and it's helped me develop so much!"

Mohammed from London was mentored by a Lawyer @ Chambers & Partners

**Chambers
AND PARTNERS**

YOU CAN APPLY NOW!

There are no academic criteria to apply to our programme – all we're looking for is someone with the ambition and drive to take this opportunity. **The deadline to apply for this year is the 3rd October 2025.** All you have to do is...

1. [CLICK ON THIS LINK HERE](#) and fill out the short application form with your personal details.
2. Follow email instructions to complete a short video interview, answering 2 questions about your motivations.
3. Find out if you've got a place on this year's programme!