

# Staying

# SAFE

at



Keeping children safe is everyone's responsibility

Everyone has the right to feel safe

Are you or someone you know feeling:



Please talk to your Year Office, they can offer valuable support and advice & if required can refer you to our designated Safeguarding & Emotional Health Team.

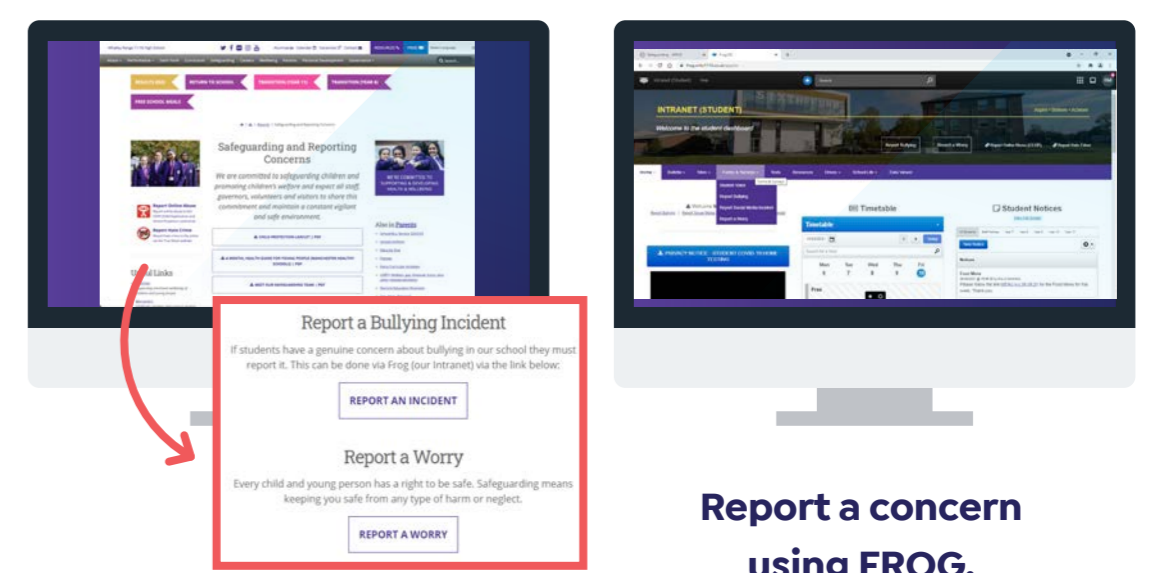
## THE SAFEGUARDING TEAM

	<b>Mr M Lea</b> Academy Headteacher		<b>Mrs M Connolly</b> Deputy Headteacher Designated Safeguarding Lead
	<b>Ms S Allen</b> Senior Child Protection Officer		<b>Ms L Pearson</b> Child Protection Officer/ Lead behaviour professional
	<b>Miss H Kaira</b> Child Protection Officer		<b>Mrs S Zarar</b> Head of Inclusion/ Assistant Headteacher

## THE EMOTIONAL HEALTH TEAM

	<b>Mrs M Moloney</b> Emotional Health & Wellbeing Nurse
	<b>Miss S Thompson</b> School Counsellor
	<b>Ms O Baker</b> School Counsellor

## HOW TO REPORT ANY CONCERNS YOU MAY HAVE



Go on to the school's website [www.wrhs1118.co.uk](http://www.wrhs1118.co.uk) and click on **safeguarding** link at the top of the page.

**Report a concern using FROG.**

You can also report any concerns or worries you have to your Year Office.

## SUPPORT FOR YOUNG PEOPLE

### Mental Health & Wellbeing

	<b>KOOTH</b> Free, safe and anonymous online support for young people <a href="http://www.kooth.com">www.kooth.com</a>
	<b>Mind</b> Help for mental health in Manchester <a href="http://www.manchestermind.org">www.manchestermind.org</a>
	<b>Health for Teens</b> Range of advice <a href="http://www.healthforteens.co.uk">www.healthforteens.co.uk</a>
	<b>Young Minds</b> Parental helpline <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a>
	<b>42nd Street</b> Parental helpline <a href="http://www.42ndstreet.org.uk">www.42ndstreet.org.uk</a>
	<b>Anna Freud</b> National centre for children's mental health <a href="http://www.annafreud.org">www.annafreud.org</a>

### Forced Marriage & FGM

	<b>Foreign &amp; Commonwealth Office</b> Telephone <b>020 7008 0151</b> or email <a href="mailto:fmufcdo.gov.uk">fmufcdo.gov.uk</a>
	<b>Karma Nirvana</b> Call free on <b>0800 5999 247</b> <a href="http://www.karmanirvana.org.uk">www.karmanirvana.org.uk</a>
	<b>NSPCC</b> Call free on <b>0800 028 3550</b> or email <a href="mailto:fgmhelp@nspcc.org.uk">fgmhelp@nspcc.org.uk</a>

### Substance Misuse and Abuse

	<b>Eclipse (Manchester)</b> Local information and support <a href="http://www.changegrowlive.org/eclipse">www.changegrowlive.org/eclipse</a>
--	--

### Internet Safety

	<b>REPORT HARMFUL CONTENT</b> Report Harmful Content on Social Media and the web <a href="http://www.reportharmfulcontent.com">www.reportharmfulcontent.com</a>
	<b>Report Online Sexual Abuse</b> <a href="http://www.ceop.police.uk">www.ceop.police.uk</a>
	<b>Report Hate Crime</b> <a href="http://www.report-it.org.uk">www.report-it.org.uk</a>

### Suicide

	<b>Papyrus</b> Prevention of young suicide Call free on <b>0800 068 4141</b> <a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a>
	<b>Samaritans</b> For support relating to all aspects of suicide - Call free on <b>116 123</b> <a href="http://www.samaritans.org">www.samaritans.org</a>

### Bereavement

	<b>Child Bereavement UK</b> Supporting bereaved children and young people <a href="http://www.childbereavementuk.org">www.childbereavementuk.org</a>
	<b>Winston's Wish</b> Bereavement charity supporting grieving children and families <a href="http://www.winstonswish.org">www.winstonswish.org</a>

### Eating Concerns

	<b>Beat</b> The eating disorders charity <a href="http://www.beateatingdisorders.org.uk">www.beateatingdisorders.org.uk</a>
	<b>Seed</b> Support and Empathy for people with Eating Disorders <a href="http://www.seed.charity">www.seed.charity</a>

### Other useful links and information

	<b>The Proud Trust</b> For local information and advice about all LGBTQIA+ matters <a href="http://www.theproudtrust.org">www.theproudtrust.org</a>
	<b>Brook</b> For information and advice about sexual health <a href="http://www.brook.org.uk">www.brook.org.uk</a>
	<b>My Muslim Youth Helpline</b> Faith and culturally sensitive support <a href="http://www.myh.org.uk">www.myh.org.uk</a>
	<b>Women's Aid</b> Domestic abuse <a href="http://www.womensaid.org.uk">www.womensaid.org.uk</a>
	<b>The Children's Society</b> Information for young people <a href="http://www.childrensociety.org.uk/information/young-people">www.childrensociety.org.uk/information/young-people</a>
	<b>Saheli</b> Providing safe spaces, culturally sensitive support, language assistance, and a voice and identity to Black Asian and minoritised women facing violence in their lives <a href="http://www.saheli.org.uk">www.saheli.org.uk</a>
	<b>No Hate</b> Report hate crime confidentially <a href="http://www.letsendhatecrime.com">www.letsendhatecrime.com</a> <a href="http://www.report-it.org.uk">www.report-it.org.uk</a>

### Not sure who to contact?

Get free and confidential advice from:

	<b>ChildLine</b> <b>0800 1111</b> <a href="http://www.childline.org.uk">www.childline.org.uk</a>
	<b>Barnardo's</b> <a href="http://www.barnardos.org.uk">www.barnardos.org.uk</a>