

Keeping children safe is everyone's responsibility

Everyone has the right to feel safe

Are you or someone you know feeling:



Please talk to your Year Office, they can offer valuable support and advice & if required can refer you to our designated Safeguarding & Emotional Health Team.

THE SAFEGUARDING TEAM



Ms S Allen

Senior Child

Protection

Miss H Kaira

Child





Ms L Pearson

Officer/ Lead

professional

Mrs S Zarar

Head of

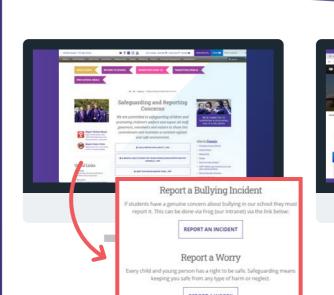
nild Protection



THE EMOTIONAL



HOW TO REPORT ANY CONCERNS YOU MAY HAVE



Report a concern using FROG.

Go on to the school's website www.wrhs1118.co.uk You can also report any and click on safeguarding concerns or worries you link at the top of the page. have to your Year Office.

SUPPORT FOR YOUNG PEOPLE

Mental Health & Wellbeing

www.kooth.com

Keetr

Free, safe and anonymous online support for young people



Mind Help for mental health in Manchester www.manchestermind.org



Health for Teeens Range of advice www.healthforteens.co.uk



Young Minds Parental helpline www.youngminds.org.uk

42nd Street Parental helpline www.42ndstreet.org.uk



Anna Freud National centre for children's mental health

Forced Marriage & FGM

Foreign & Commonwealth

Foreign & Commonwealth Office Telephone 020 7008 0151 or email fmu@fcdo.gov.uk



Karma Nirvana XARMA NIRVANA Call free on 0800 5999 247 www.karmanirvana.org.uk



NSPCC Call free on **0800 028 3550** or email fgmhelp@nspcc.org.uk

Substance Misuse and Abuse



Eclypse (Manchester) Local information and support www.changegrowlive.org/eclypse

Internet Safety



Report Harmful Content on Social Media and

www.reportharmfulcontent.com



Report Online Sexual Abuse www.ceop.police.uk



Report Hate Crime www.report-it.org.uk

Suicide



Prevention of young suicide Call free on 0800 068 4141 www.papyrus-uk.org

Papyrus

SAMARITANS

For support relating to all aspects of suicide -Call free on **116 123** www.samaritans.org

Bereavement



Child Bereavement UK Supporting bereaved children and young people www.childbereavementuk.org



Winston's Wish Bereavement charity supporting grieving children and families www.winstonswish.org

Eating Concerns



The eating disorders charity www.beateatingdisorders.org.uk



Seed Support and Empathy for people with Eating Disorders www.seed.charity

The Proud Trust

Other useful links and information



For local information and advice about all **LGBTQIA+ matters** www.theproudtrust.org



For information and advice about sexual health www.brook.org.uk

Muslim youth helpline Faith and culturally sensitive support www.myh.org.uk

women's aid until women & children are safe

Womens Aid Domestic abuse www.womensaid.org.uk

The **Children's Society**

The Children's Society Information for young people www.childrenssociety.org.uk/information/ young-people

Not sure who to contact?

Get free and confidential advice from:



www.childline.org.uk

NSPCC

www.nspcc.org.uk

Barnardo's www.barnardos.org.uk

In an emergency call 999 or Children's Services 0161 234 5001