

What is Health & Social Care?

On your post-it note, write down what you think Health and Social Care is..

Think about what you may learn or what jobs you could do...





Health & Social Care

BTEC Level 2 Tech Award

Year 9 Taster Session

February 2021

What is Health & Social Care?

'Health care' will obviously incorporate staying healthy and remaining without infection or diseases

People who work in health care are normally looking after patients who have, or may have, a medical problem.



What is Health & Social Care?

'Social care' describes the activities, services and relationships that help people to be independent, active and healthy.



Do you know any one who works in H&SC?



Qualification Content

The **BTEC Level 2 Tech Award** is equivalent to a GCSE over a two year programme.

- You will have the opportunity to learn about both health care and social care services, jobs and the behaviours professionals should use, when dealing with people.
- You will delve into the changes that happen during a life time, such as physical growth or puberty, learning about 'people' of all ages
- You will gain an understand about the impact of life events, such as starting school or divorce, too.

Qualification Structure

There are **THREE units** that you will be covering.

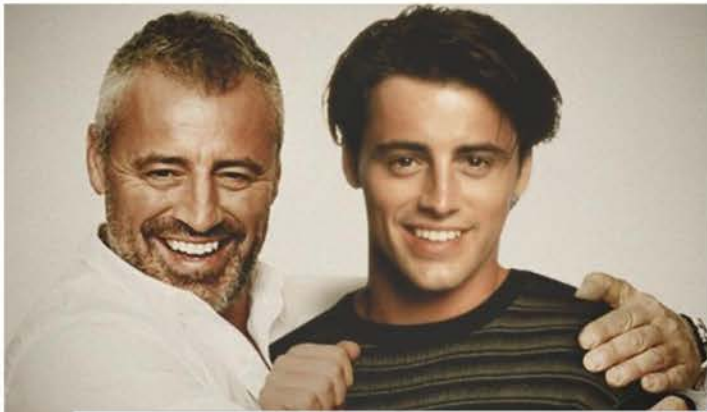
These are;

- **Component 1** – Human Lifespan Development
(Course work)
- **Component 2** – Service and Values in HSC
(Course work and a practical assessment)
- **Component 3** – Health and Well-being
(Exam in February and May of year 11)

Component 1: Human Lifespan Development

(coursework assessed)

- How do people grow and develop throughout their lives?
- How can factors such as lifestyle choices, relationships and lifestyle events affect your growth and development?
- This unit will allow you to explore these issues and to investigate how these factors are interrelated.



Think about events



Watch this Youtube clip, there's lots going on, look at the events in their lives and write down the positive and negative impact this may have had on both individuals.

<https://www.youtube.com/watch?v=YlGg4nt01G8&safe=active>

Component 3: Health and well-being

(exam assessed; a 2 hours exam)

- This unit builds on knowledge learned in Components 1 and 2 and enables you to bring these together and related to a real-life situation.
- You will need to assess an individual's health and wellbeing and use this to create an improvement
- You will need knowledge about a variety of health conditions and how to improve these as well as positive life style choices for the best possible health and well-being.

Health and well-being

What is a healthy lifestyle? Create a mind map.

Diet / food

Exercise

Not
smoking /
drinking
alcohol /
drugs

Safe



Personal
hygiene

Mental
health

Friends /
support

Intellectual
stimulation

Health and well-being

Watch this video clip.

Can you identify the impact of an unhealthy diet for an individual?

Think about the physical, emotional and social impact.



Challenge:

What advice would you give to these individuals to improve their health and well-being? Where could they go for support?

Component 2: Health and Social Services and Care Values

(coursework & practical assessment)

- Health and Social Care values underpin good practice at work.
- This unit will help you gain an understanding of the range of services and professions as well as how the care values and care staff behaviours impact on service users in health and social care settings.
- Individuals, patients or residents, should have control of their own care and their own specific needs are met. An observed (witness) practical will form part of this unit.

Services and job roles



It's alright if you have no idea what job or career direction you intend to take now. This qualification explores different jobs and services

Careers and job roles

Having completed a qualification in H&SC, you could go into..

- Nursing (all types)
- Social Work
- Teaching
- Public Health
- Therapist
- Residential care work

Allied Health Professionals

- Dietician
- Speech and Language therapist
- Paramedic
- Art therapist
- Occupational therapist

...and many, many more

Careers and job roles

Watch the following clip.. What qualities do you think you need to possess for this job role?

Confessions of a junior doctor



Careers and job roles

Watch the following clip.. What qualities do you think you need to possess for this job role?

One Born Every Minute - Midwife



Careers and job roles

Watch the following clip.. What qualities do you think you need to possess for this job role?

A day in the life of a paramedic



Careers and job roles

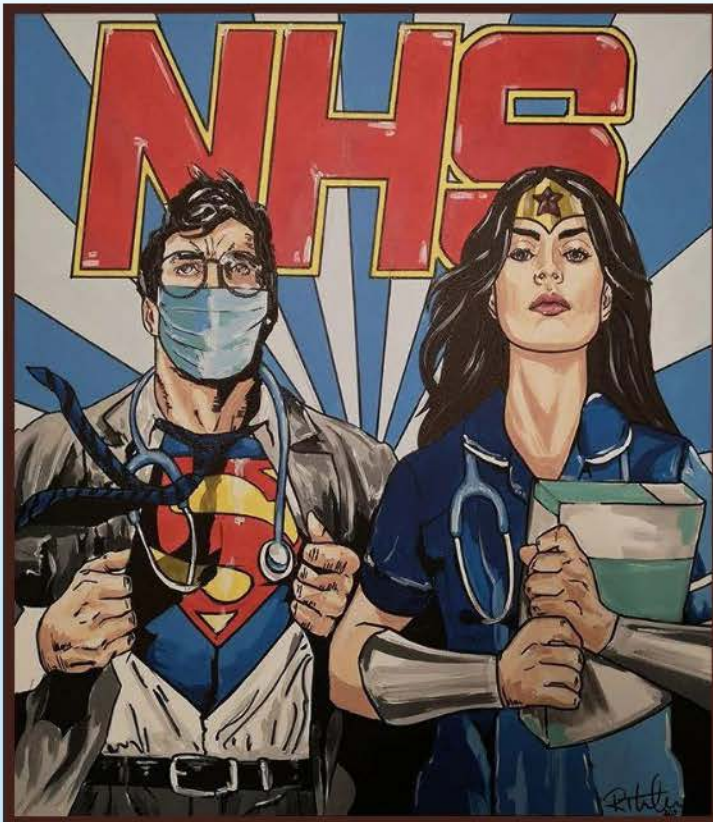
Watch the following clip.. What qualities do you think you need to possess for this job role?

Mental Health Nurse / Support Worker



So....

Do you think YOU have what it takes to be a super hero?



Not ALL
HEROES
wear
CAPES

Questions?

Learning Leader of
H&SC